



Upcoming THS Events

July

2nd Board Meeting 11:00

8th Julia Sumner for the Public

9th Julia Sumner for Members

16th Crafting

23th Crafting

Rosemarian Report

A Thank You note was sent to Maria McMahon. A Thinking of You card was sent to Rob and Amanda Kerr. A sympathy card was sent to Jim and Kay Morrison.

If anyone knows of any member who could use a card of cheer or remembrance, please let me know---it means so much to know friends are thinking of you---and sending good wishes.

Rosemarian
Sharon Ferguson
sfergu417@cox.net

Thoughts from the President

Dear THS Friends,

May was one of our rainiest months in history with 13 inches of rain! We proved to be successful gardeners by monitoring, sheltering and replanting our plants. Now we have the heat of summer ahead of us - and yet we continue to strive to be successful gardeners. Our herbs are finally taking off...growing like weeds. With our healthy herbs we were able to make our herbal vinegars and balsamic vinegars this month. Our very popular vinegars will be bottled up with more of our beautiful herbs the end of this month. We are a busy group! Crafting is continuing at a rapid pace thanks to our talented crafters.

Now we are making final preparations for our annual speaker event July 8th & 9th. These two opportunities to hear Judith Sumner talk about medicinal plant use in World War II will be an eye opener for all of us. We will never look at our herbs the same way. Please invite your friends and family to hear Judith Sumner -Monday, July 8th at 7:00. It will be a very informative, fun evening.

Happy Gardening!

Beth

July Birthdays

3 LouAnn Gray
7 Russell Studebaker
18 Susan Lindsey
22 Janice Partridge
26 Linda Moody
28 Mari Migliore

FACEBOOK Link

[Tulsa Herb Society](#)

Directory Additions/ Corrections

New Member -
Sue Hembree

Contact Teresa Dawkins
tdawkins@cox.net

**Send THS dues to
Treasurer
Linda Moore**

Tulsa Herb Society General Meeting Minutes June 11th, 2019

The meeting was called to order at 10:00am.

We thanked Sandy Dimmitt Carroll for the great job she did on our garden tour.

Loretta Bowers brought pass-along-plants, sweet potatoes, peppers, cardinal flower, and milkweed plants.

A motion was made by Diane Rodehaver to approve the May general meeting minutes as read. Minutes were approved.

Patricia Johnson reported on the herb of the month, tarragon.

Sandy Dimmit-Carroll said \$5.00 lunch money needs to be turned in.

The July speaker's book [Plants Go to War](#) will run approximately \$40.00 in paperback. Book plates will be available for Judith Sumner to sign.

Linda Moore gave the treasurer's report.

Julie Knebel reports that the price on the C and C shirts has gone up to those who paid already will get their checks back.

The business meeting was adjourned.

Our speakers were Stacie Martin and the arborist from the Gathering Place. They gave interesting talks on the flora and fauna and how the Gathering place was built and divided into sections and what types of trees were planted. How different areas were treated according to soil, etc.

We enjoyed their talks and hope they return. We all need to check out the Gathering Place.

Respectfully Submitted,

Patricia Johnson, Secretary

Tulsa Herb Society Mission Statement

The Tulsa Herb Society was formed in 1988 by a group of herbal enthusiasts. The purpose of this non-profit organization is to foster the appreciation, study, culture, history, and use of herbs. In addition, society members share their gardening expertise. In keeping with its purpose, Tulsa Herb Society activities include: teaching, providing information for visitors, and planning workshops and programs open to the public.

July Herb of the Month

Tarragon

Submitted by Patricia Johnson

Mexican (also called Texas) tarragon grows all spring and summer before it produces many yellow, single marigold-like blossoms, but that is just a bonus because the main reason to grow it is for the flavored leaves. In warm climates, its anise-like flavor makes it a substitute for French tarragon which often withers in the heat. You will find that it goes by many names: Texas tarragon, False tarragon, Mexican mint marigold, winter tarragon, yerba anise, hierba de anis, hierba de San Juan and pericon. Try growing tarragon in an herb garden, flower bed or container. Let it be the bright spot in your herb garden, which often needs a boost by summer's end. The upright plant in the spring then profusely in the fall. Mexican tarragon is often used in southwestern cuisine. Can be used on chicken dishes or chicken salads.

The following is a recipe for Tomato and Tarragon Salad on Tapenade Toast:

200g. of pitted black olives
 2 tbsp of capers (if in brine, soak in water for 20 min. then drain)
 3 preserved anchovies
 1 lg. or 2sm. Garlick cloves chopped
 Leaves from 3 thyme sprigs
 1tbsp chopped parsley leaves
 Juice of ½ lemon
 About 5tbsp olive oil

Tomato Salad

8 large tomatoes
 2 pinches of caster sugar
 4 tbsp olive oil
 Juice from ¼ lemon or more to taste
 1 good tsp of Dijon mustard
 3 tbsp of tarragon leaves
 Salt and pepper

Tapenade is a French olive paste and can be eaten as a dip or spread. This recipe keeps well for a few days in the fridge. Prep time 10 min, cook time 5 min.

TULSA HERB SOCIETY ANNUAL SPEAKER EVENT JUDITH SUMNER

The Tulsa Herb Society presents Judith Sumner, author/botanist/historian for a special program, *WWII Botany: How Plants won the War* on **Monday July 8, 2019 at 7 p.m.** at the Tulsa Garden Center. Judith's presentation takes a look at military history from a botanical perspective. From victory gardens and agriculture to rubber, coal, paper, timber, drugs and fibers, plant products supplied the wartime materials that played key roles in victory.

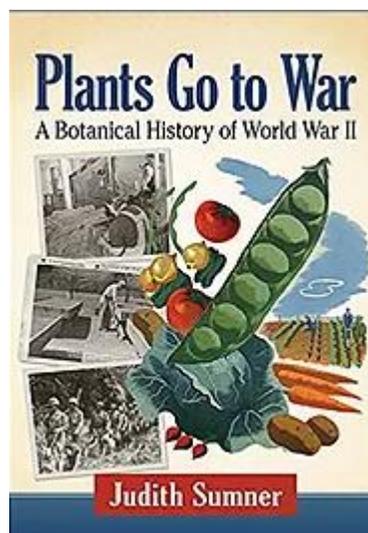
Her presentation is based on her newest book; *PLANTS GO TO WAR, A Botanical History of World War II*. Once WWII began in Europe and the Pacific, military needs were vast and complex. Jungle warfare, forest survival, and camouflage techniques all required essential plant knowledge. Food to supply the troops was a particular concern, requiring that Americans and Europeans on the home front grow and consume many more plant foods. The Victory Gardens in American and England provided the bulk of the wartime diet.

Judith Sumner is a botanist who specializes in ethno botany, flowering plants, plant adaptations and garden history. She has taught extensively both at the college level and at botanical gardens, including the Arnold Arboretum of Harvard University and Garden in the Woods, the foremost native plant garden of New England. Judith is a graduate of Vassar College and completed graduate studies in botany at the University of Massachusetts at Amherst. She also studied at the Royal Botanic Gardens, Kew, and at the British Museum of Natural History.

Judith has been the lecturer-in residence at the Star Island Natural History Conference. She has been a guest on the Martha Stewart Living television show, the PBS program, "Cultivating Life" with Sean Conway and has presented many other educational programs throughout the nation.

In 2007, Judith was awarded the Gertrude B. Foster Award for Excellence in Herbal Literature by the Herb Society of America. Her book, *American Household Botany* won the American Horticultural Society Book Award in 2005.

The lecture is free and open to the public.



Tulsa Herb Society Officers & Committee Chairs 2018

President	Beth Teel	Facebook	Beth Teel
1st Vice President	Teresa Dawkins	Historian	Betty Muratet
2nd Vice President	Sandy Dimmitt-Carol	Hospitality	Amanda Kerr
Secretary	Patricia Johnson	Newsletter	Kim Tackett
Treasurer	Linda Moore	Parliamentarian	Sue Stees
Carols and Crumpets	Patsy Wynn Linda Harrison	Publicity	
Cooking	Frankie Foster-Catts Dolores Lee	Rosemarian	Sharon Ferguson
Crafting	Maria McMahon	Speaker's Bureau	Pat Morris
		Study Group	Pat Morris

Dues for active THS membership are \$25.00/ year \$10 if you want a newsletter mailed and are due in January. To be an active member of the Tulsa Herb Society, you are encouraged to be a full member of the Tulsa Garden Center. Dues for a full TGC membership are \$35 or \$50 year. All dues are paid in June and TGC dues can be paid to the THS Treasurer (using a separate check) when paying your THS dues. Business meetings and programs are held the second Tuesday of each month with socializing beginning at 9:30 a.m, Business & Program at 10:00 a.m. until noon.

Purpose of the Tulsa Herb Society. The purpose of the non-profit Tulsa Herb Society is to foster the study, appreciation, culture and history of herbs. Activities include, but are not limited to, teaching, providing information for visitors and planning workshops and programs open to the public.



Tulsa Herb Society
 c/o Tulsa Garden Center
 2435 S. Peoria Ave.
 Tulsa, OK 74114

FIRST CLASS MAIL